

MARIE MITCHELL: Co-Founder of Island Social Club

Marie Mitchell is a writer, chef and co-founder of Island Social Club - a space aimed at filling the void left by the erosion of London's once thriving Caribbean social scene.

Receiving a 4-star review from Jimi Famurewa of ES Magazine, who described Island Social Club as a "*lively, cramped, dimly lit room is a soul-lifting little restaurant, delivering lightly reconsidered jerk shop staples, abominably flavoursome curries and buttery, expert rotis, steaming and begging to be squished into little pots of house-made tingly-sweet mango chilli or tamarind sauce*"

Mitchell makes a considered effort to create space in which she can explore Caribbean culture and food with authenticity and without limits. Developing dishes by focusing on history, geography, and contemporary ingredients found in her locale and home, London, Marie is conscious of driving British Caribbean cuisine, and thus culture, forward.

Outside of Island Social Club, Marie is a champion of social inclusivity, sustainability, and supporting and creating spaces for self-care and mental health awareness. Marie has written for Observer Food Monthly and Resy London. She's spoken live at the DO Lectures, Voices At The Table, featured on Broadcasting House, BBC Radio 4 Woman's Hour, and Jamie Oliver's Meat Free Meals.

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